

# **BODY CONDITION SCORE**

The 5 body types of dogs



## **TOO THIN**

Your dog's ribs, spine, hip-bones and shoulder blades are easily seen. They have no belly fat and little muscle mass.

- Slowly increase your dog's food intake and keep activity minimal for now.
- Take your dog to your veterinarian and create a plan to gain weight safely.





### **SLIM**

Your dog's ribs are very easily felt (like your knuckles when you make a fist). A more balanced nutrition may be necessary to achieve a healthy weight.

- Slowly increase your dog's food until you find the right amount.
- Maintain a moderate level activity.





#### PERFECT!

Your dog has a slight tummy tuck and a nice moderate covering of body fat over the ribs and spine. Running your hands down their side you should be able to feel their ribs without pressing hard and there are no rolls of fat.

• You have found the magic balance of nutrition and activity. Keep up the good work!





# **OVERWEIGHT**

It takes a bit of work to find you dog's ribs and there is extra fat over their shoulders and the base of their tail. Their waistline is almost non-existent.

- Time to cut back on those 'extras' and decrease their calorie intake.
- Increase activity to get your dog back in shape.

Your dog weighs a bit too much



#### **OBESE**

You have to dig around to find those ribs and a pot belly is present along with rolls of fat over their shoulders and base of tail. This condition is unhealthy and a weight loss plan is needed.

- Time to up their exercise and reduce the calorie intake.
- Take your dog to your veterinarian and create a plan to lose weight safely.

Your dog is overweight